

## Welcome note

On behalf of the Croatian Association for Behavioral-Cognitive Therapies and Faculty of Humanities and Social Sciences, we have the honor and pleasure to invite you to *International Conference of CBT for children and adolescents*. The conference will be held on July 9–11, 2020 in Zagreb, the capital of Croatia, "the city with a million hearts". It is a city that has managed to preserve its soul and identity as well as its cultural and historical heritage.

In 2020, Croatian Association for Behavioral-Cognitive Therapies will celebrate its 20<sup>th</sup> anniversary. Besides our celebration, we have decided to organize an international conference that is focused on children and youth. Growing up in a new millennium brings more challenges for young people, as well as for their parents and teachers, but also the professionals. That is why we have named our conference **New challenges for new generations**. Our future relies on the young people, so we wanted to stress the importance of implementing effective treatments with the young ones and bridge the gap of transition from child to adult psychotherapy. CBT is evidence-based psychological treatment for most of the psychological problems in children and adolescents. The main aim of the conference is to gather the scientists and professionals who practice and research cognitive-behavioral approach in prevention and treatment of different psychological problems in children and youth.

The conference will be held on the Faculty of Humanities and Social Sciences at the University of Zagreb. The University of Zagreb (est. 1669) is the oldest and biggest university in South-Eastern Europe. With its comprehensive programs and over 50,000 full-time undergraduate and postgraduate students, the University is the most highly recognized teaching institution in Croatia. The Faculty of Humanities and Social Sciences is the leading humanities and social sciences faculty in Croatia, with high results achieved in both teaching and research.

We warmly invite you to join the International Conference of CBT for children and adolescents, present your work and your experience, learn from others and take part in different professional discussions. We will ensure that the conference will be scientifically interesting and important event that will make a significant contribution to effective CBT treatments with children and youth.

We also believe that, besides interesting scientific program, the coziness of our city, and the traditional Croatian hospitality will make your stay in Zagreb an unforgettable experience.

We are looking forward to seeing you in Zagreb in summer of 2020!

## Ivanka Živčić-Bećirević & Anita Lauri Korajlija

Chairs of the International Conference of CBT for children and adolescents